

## *what is a flower essence?*

Flower Essences are the unique vibrational/electromagnetic pattern of a plant held in water. The vibrational influences of the flowers address emotional, mental, spiritual and physical imbalances beneath symptoms in a subtle yet powerful way. They are non-aromatic.

## *what is aromatherapy?*

Aromatherapy has been used for millennia and is a very good compliment to flower essences.

Essential oils, the most well known form of aromatherapy, are distilled or pressed from the plant. They work through the olfactory system, parts of the brain where impressions of emotions are held and through the emotional subtle body. From there the healing qualities influence our mind, body and spirit. We use only high quality essential oils.



## *use and care of misters*

### SUGGESTED USE:

Spray your face and the top of your head.

Use as a room spray.

For children or pets, spray the air around them, or the places they sleep. Spraying them directly may be upsetting.

### CARE:

Keep away from direct sunlight, high heat and strong electromagnetic fields. Best used within 2 years of purchase.



For more information about the specific healing properties of Tree Frog Farm Flower & Tree Essences, Blends and Aromatherapy products, and to see a listing of special events, classes and consultations, we invite you to visit our website

[www.treefrogfarm.com](http://www.treefrogfarm.com)



*Tree Frog Farm*  
IN PARTNERSHIP WITH NATURE



## *Aromatherapy Misters*

made with Tree Frog Farm essences  
and pure essential oils





Open your lungs and sinuses to breathe in life! Great for colds and sinus congestion. Clean scent freshens the air in a room. Antiviral & antibacterial.

## Clear the Air

**Essences:** Borage, Coltsfoot, Oceanspray, and Trailing Blackberry.

**Essential Oils:** Eucalyptus, Thyme and Clary Sage.

**Crystals:** Inca Jade, Ocean Jasper, Blue Aragonite, and Drusy Quartz.



## our oil & essence blends

Our Aromatherapy and Flower Essence Misters are in a base of aloe vera and water and can be used as a refreshing facial spray or to clear and reenergize the air in a room.

In each blend the Tree Frog Farm flower essences initiate a positive change in energy, while the essential oils release emotional reactions and behaviors related to the theme of the particular mister you have chosen.

All of the misters are charged through a matrix of crystals.

## Fresh Start

Joyfully engage your deepening sense of self and new life direction. Instills courage, calm and centeredness during this process.

**Essences:** Coltsfoot, Orange Wild Honeysuckle, Salmonberry, Moonshadow Rose and Comfrey.

**Essential Oils:** Bitter Orange, Melissa, Citronella and Vetiver.

**Crystals:** Drusy Quartz, Red Aventurine, Sunstones and White & Red Stilbite.



## energy clearing

The Angels of Light aromatherapy/flower essence mister spray clears a space by releasing the shadows of the past, clearing microbial influences and setting up White Light clearing and protection. This spray is often used by body and energy workers to clear the room between clients, and by individuals to clear a room or area at home and to clear off the day before going to sleep.

## Gentle Heart

Gently balances, strengthens and opens your heart energies. Supports expressing love for yourself and others.

**Essences:** Nootka Rose, Kinnikinnik, Blue Vervain and Woodland Strawberry.

**Essential Oils:** Rose Geranium, Melissa and Citronella.

**Crystals:** Drusy Quartz, Rhodochrosite, Rhodonite and Rose Quartz.



Enlighten yourself and enlighten your life! Bathe yourself with Spiritual Light. Openheartedly fill your body and mind to overflowing with this light. Bask in the peace and joy that radiates from your being!

## Enlighten

**Essences:** Starflower, Garnet Hollyhock, Western Red Cedar, Pathfinder, Grand Fir, Nootka Rose, Purple Monarda, and San Juan Mugwort.

**Essential Oils:** White Sage, Ylang Ylang, Rosewood, Clary Sage, and Cedar.

**Crystals:** Nirvana Quartz, Moldavite, Prehnite, Stilbite, Spirit Quartz and Drusy Quartz.



## Stress Relief

Helps you create time to nourish, center and comfort yourself when you are stressed by daily life.

**Essences:** Black Gooseberry, Devil's Club, Goat's Beard, Lavender and Self-Heal.

**Essential Oils:** Vetiver, Lavender and Geranium.

**Crystals:** Drusy Quartz, Green Calcite, Ocean Jasper and Red Jasper.



## Golden Armor

Invites you to feel safe in the outside world. Pull down your armor and let people and impressions in without feeling overwhelmed. Create appropriate boundaries from your Light within and engage life with joy!

**Essences:** Golden Celebration Rose, Devil's Club, Spirea, Pennyroyal and Twinflower.

**Essential Oils:** Chamomile, Sweet Birch and Vetiver.

**Crystals:** Amazonite, Black Tourmaline Golden Topaz and Drusy Quartz.

