

ROOT CHAKRA:



Main themes: Survival, being grounded, and unity within family, tribe, group and collective consciousness.

Symptoms: Shock, fear for physical safety, panic. Living in the past. Scarcity/over consumption.

Actions: Safety, security, stillness and stability grounded into the earth. Ancestral inheritance. Live in the present. Financial stability.

Endocrine gland: Adrenals.

Tree Frog Farm Flower and Tree Essences: Douglas Fir Tree, Comfrey, Pennyroyal, Rattlesnake Plantain Orchid, Goat's Beard, Western Red Cedar Tree, Pathfinder, Chocolate Lily, Wild Gooseberry, California Poppy, Red-Flowering Current, Iris, Red Alder Tree, Rose Campion, and Skullcap.

Energetically Charged In A Crystal Matrix Of: Druzy Quartz, Red Aventurine, Calcite, Jasper, Smokey Quartz, and Aragonite Star Cluster.

SACRAL CHAKRA:



Main themes: Emotions, duality—self vs other, cooperation/competition and physical empowerment.

Symptoms: Suspicion, violence toward the “other”. Control through power, money, sex. Low self-esteem, anger, guilt, regret, alienation, loneliness.

Actions: Emotional and social safety, cooperation. Caring and respectful sexuality. Movement and physical empowerment. Clairsentience.

Endocrine gland: Ovaries, Testicles.

Tree Frog Farm Flower and Tree Essences: Mandarin Lights Azalea, Western Columbine, Pennyroyal, Comfrey, California Poppy, Red-Flowering Currant, Red Alder Tree, Joe Pye Weed, Wild Gooseberry, Orange Wild Honeysuckle, Oceanspray, Coral Sunset Peony, Boneset, Yellow Day Lily, Goat's Beard, Pink Wild Honeysuckle, Moon Shadow Rose, Rose Campion, and Skunk Cabbage.

Energetically Charged In A Crystal Matrix Of: Carnelian, Drusy Quartz, Mahogany Obsidian, Orange Calcite, Red Jasper, and Tangerine Quartz.

SOLAR PLEXUS CHAKRA:



Main themes: Mind chatter, higher thinking regulates emotions. Will. Manifest from higher knowing. Metabolizes food and experiences.

Symptoms: Obsessive thinking, unfocused, worry, anxiety, angry, shame. Critical, judging. Emotional powerless/power over. Digestive issues.

Actions: Mental clarity, focused, organized, self-directed. Emotional empowerment. Energy to create, manifest. Healthy digestion. “Gut” intuition.

Endocrine gland: Pancreas .

Tree Frog Farm Flower and Tree Essences: Sundrop Evening Primrose, Sunflower, Nasturtium, Meadow Rue, Moon Shadow Rose, Mullein, Vine Maple Tree, Golden Celebration Rose, Goat's Beard, California Lilac, Spotted Coral Root Orchid, Dandelion, Woodland Strawberry, Chamomile, Echinacea, Valerian, Yellow Day Lily, and Black Gooseberry.

Energetically Charged In A Crystal Matrix Of: Golden Topaz, Drusy Quartz, Amber, Yellow Calcite, Citrine (heat treated), and Sunstones.

HEART CHAKRA:



Main Themes: Love, compassion, equanimity and peace. Unify spirit and matter. Balance and wholeness. Breath of life.

Symptoms: Unable to love self or others. Rejection and self-destructive behaviors. Out of balance with other chakras. Heart and breathing issues. *This formula is too strong for people who have had heart attacks, or other physical heart issues.

Actions: Loving compassion for self and all beings. Balance and equilibrium between chakras and in life. Heartful communication. Healthy heart & lungs.

Endocrine Gland: Heart, Thymus.

Tree Frog Farm Flower and Tree Essences: Nookta Rose, Lady's Mantle, Peace Rose, Kinnikinnik, Hardy Fuchsia, Ruby Hellebore, Motherwort, Pink Hollyhock, Clustered Wild Rose, Blue Vervain, Rosa Rugosa, Wild Ginger, Tropical Sunset Rose, Borage, Pacific Bleeding Heart, Cherry Festival Tree Peony, Pink Wild Honeysuckle, Coral Sunset Peony, and Sweet Briar Rose. **Energetically Charged In A Crystal Matrix Of:** Drusy Quartz, Emerald, Prehnite, Rhodochrosite, Watermelon Tourmaline, Rose Quartz, Adamite, Mangano Calcite, and Kunzite.

THROAT CHAKRA:



Main Themes: Communication, creativity through sound, vibrational resonance and clairaudience.

Symptoms: Difficulty speaking your truth and your feelings. Unable to speak in your mind and verbally what you want to create. Frequent sore throats or thyroid issues.

Actions: Able to communicate clearly with genuine feelings. Create what you want through the use of your voice with clear intention.

Endocrine Glands: Thyroid, parathyroid.

Tree Frog Farm Flower and Tree Essences: Trailing Blackberry, Camas Lily, Crocosmia, Borage, Vine Maple, California Lilac, Soapberry, Twinberry, Wild Gooseberry, Licorice, Fairy Rose, Shore Pine Tree, Trillium, Woodland Strawberry, Pink Wild Honeysuckle, Pathfinder, and Self-Heal.

Energetically charged in a crystal matrix of: Blue Topaz, Blue Aragonite, Drusy Quartz, Blue Sodalite, Lapis, Blue Quartz, Angelite, and Blue Calcite.

THIRD EYE CHAKRA:



Main Themes: Seeing beyond the physical world, perceiving beyond time and space, transpersonal experience and clairvoyance.

Symptoms: Headaches, nightmares, eyestrain, blurred vision. Relating only to the physical world.

Actions: See with your physical and etheric eyes. Perceive the external world internally within yourself. With clear intention and focus, project internal images as holographic light back to the external world.

Endocrine Gland: Pineal.

Tree Frog Farm Flower and Tree Essences: Grand Fir Tree, San Juan Mugwort, Purple Passion Rose, Saskatoon, Rhododendron, Clary Sage, Garry Oak, Epipactis Orchid, Twinflower, Calendula, Blue Cohosh, Common Rush, Pathfinder, Trillium, Marshmallow, and Dwarf Rose.

Energetically charged in a crystal matrix of: Blue Apatite, Blue Celestite, Iolite, Fluorite, Drusy Quartz, Blue Kyanite, Azurite, Cavansite, and Pietersite.

CROWN CHAKRA:



Main Themes: Consciousness, higher thought, selflessness, integrity, wisdom, spiritual awareness.

Symptoms: Headaches, alienation, boredom, apathy, inability to learn, detached from world, dizzy, mental disorders, spiritual ego.

Actions: Meeting place between the mundane & divine, finite & infinite, time & timeless. Universal consciousness. Higher understanding.

Endocrine Gland: Pituitary

Tree Frog Farm Flower and Tree Essences: Black Gooseberry, Epipactis Orchid, Garry Oak Tree, Lily of the Valley, Marshmallow, Pearly Everlasting, Skullcap, Western Red Cedar Tree & White Yarrow.

Energetically Charged In A Crystal Matrix Of: Amethyst, Azeztulite, Danburite, Drusy Quartz, Gold, Herkimer Diamond, Lemurian Seed Crystal, Moldavite & Natrolite Crystals.

ABOUT CHAKRAS:

Chakras are wheel shaped vortexes of energy where consciousness and matter meet. There are 7 major chakras. When they are open and clear we experience vibrant health and aliveness. When they are clogged and sluggish we begin to experience symptoms of dis-ease on the physical, emotional and/or mental levels. Each chakra operates within a specific frequency band that relates to the color and element. Life-force energy comes through each chakra, passing through the energy fields and entering the body. Each chakra connects to an area of the spine and an endocrine gland, which triggers related qualities and symptoms.

USAGE & CARE:

Use: Flower essences are most commonly taken orally from the dropper or in drinking water.

Care: Store essences at a moderate temperature. If they get too hot or cold it will reduce their shelf life. Keep the bottles out of direct sunlight & strong electromagnetic fields. Best if used within 2 years of purchase.

ABOUT TREE FROG FARM FLOWER ESSENCES:

We specialize in offering flower essences in a base of red shiso herbal tea with a small amount of organic white vinegar. Our flower essences are also available in a brandy base. Chakra Essence Blends are unscented and can be used by people who are sensitive to scents.

COMING SOON!!

UNIFIED SPIRIT & WHOLENESS 15 Chakra Flower Essence Blend



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Disclaimer

Please listen to your inner guidance when making any health care choices for yourself and your family. Flower essences treat the whole person and support the healing of specific symptoms. However, flower essences and any other products offered by Tree Frog Farm are not a substitute for necessary medical care. Seek the advice of a qualified health-care professional for all medical problems.

TREE FROG FARM FLOWER AND TREE ESSENCE CHAKRA BLENDS

