

PEACE ROSE Let anger and fear from a physical or emotional injury melt away. Reorient toward love, joy and deep peace.

PEARLY EVERLASTING Through the outer boundary of your energy fields, your 3rd eye, crown and star chakras, resonate with the Universe. Restores cellular memory of Divine Awareness and releases anything in the way of this.

PENNYROYAL Cycles through the fight/flight/freeze response and retrains your nervous system to support your higher purpose.

PINK HOLLYHOCK Once your heart has healed, a world of interconnection with everyone & everything opens up to you. Relax into the soothing, peaceful joy within your open heart and let your genuine confidence shine forth.

PINK WILD HONEYSUCKLE Restores childlike joy, playfulness, innocence, and openness. Gently instigates being enthralled with the magic in each moment.

PONDEROSA PINE TREE Integrates your multidimensional selves with your Higher Self. Harmonizes metabolism during spiritual growth. Engage life with joy & stamina.

PURPLE MONARDA Assists receiving information from spiritual realms and shifting your attitudes, beliefs and behaviors to be in sync with the upgrades in human consciousness.

PURPLE PASSION ROSE Assists transmuting interwoven karmic patterns and fulfilling your current life purpose.

RATTLESNAKE PLANTAIN ORCHID Supports feeling at home in your body through being grounded in Mother Earth.

RED ALDER TREE Restores healing “nutrients” to “disturbances” of the intestines, reproductive organs & lower back.

RED CLOVER Encourages peaceful ease while transforming lower frequency emotions and stepping into expanded states of consciousness.

RED ELDERBERRY Let your light shine! Raise your vibration by embodying your Higher Aspects.

RED-FLOWERING CURRANT Ignites loving power to joyfully transform what you most fear. Encourages forgiveness and knowing that all is in alignment with your soul’s purpose.

RED HUCKLEBERRY Reorganizes brain functions for easier comprehension of both the multidimensional and daily-life-on-Earth aspects of making plans, creating tasks and putting them into action. Engenders patience during this process.

RED-OSIER DOGWOOD Cellular body coherence during your evolutionary process.

RED SHISO Heartfully and joyfully come into alignment with the dance of moon, sun and planetary cycles. Harmonize with the seasons of planting and reaping your conscious desires.

RHODODENDRON Opens the 3rd eye chakra and enhances etheric sight. Regulates the pineal gland physically, mentally and psychically.

ROSA RUGOSA Inspires hope, optimism and resilience during the ups and downs of life.

ROSE CAMPION Shifts lineage patterns of playing the victim, enabler and perpetrator roles. Heals the multi-generational wounds and opens access to wisdom of the ancestors.

ROSEMARY Inspire yourself! Raise your energy for life through connecting with the Universal Life Force.

RUBY HELLEBORE Resilience of the heart. In times of intense sorrow, heartache and hopelessness brings a sense of being safe and protected. Instills courage, deep peace and gentle joy.

SALAL Walk the beauty way. Seeing beauty in the simple things in life while keeping attention your spiritual process.

SALMONBERRY Courage for taking advantage of opportunities life presents that are not convenient and you feel resistant. Connect to your higher purpose & take action anyway.

SAN JUAN MUGWORT Supports experiencing how spiritual dimensions interface with 3D reality.

SASKATOON Assists whole brain functioning at the new higher frequencies. Stabilizes thinking clearly, orienting in space, emotions & body metabolism. Be peacefully embodied.

SELF-HEAL Aligns all of the chakras increasing your ability to download spiritual frequencies & integrate them easily. Facilitates grounding into resonance with the Earth’s heartbeat.

SHORE PINE TREE By the authority of my Soul! Instills mental, emotional, and body confidence to integrate conscious awareness with all of your dimensional bodies. Heals past life experiences keeping you in fear of owning your Divine Authority.

SKULLCAP Facilitates full connection and integration of the spirit/soul with the physical body.

SKUNK CABBAGE Creates sunshine from muck. Works through the large intestine to release constipated energy.

SNOWBERRY Emotional Freedom! Declare Freedom from ALL previous emotional trauma! Declare this from your soul level & your whole body/being! Declare this is how you will live everyday!

SOAPBERRY Balances the back of the 3rd eye, throat, higher heart and occipital chakras, which aligns physical structure & facilitates information intake in this area.

SPIREA Pull down your protections and live from your heart with compassionate equanimity. Balances all of the chakras, the cerebral spinal fluid and the cranial bones after an expansion.

SPOTTED CORAL ROOT ORCHID Harness the fuel created by decomposing old emotional and energetic patterns to transform your moods and body chemistry to higher possibilities.

STARFLOWER Remember we are star people; player of the Universal Matrix. We are the ones we have been waiting for.

STINGING NETTLE Support for coming out of the fog of living in a way that can’t support our true Being. Aids in making clear life choices.

SUNDROP EVENING PRIMROSE Genuine expression of your Being. Solar plexus chakra stability.

SUNFLOWER Orient toward the sun! Creates sunny warmth and nurturing when you can’t from within yourself. Shifts your thoughts and emotions to your innate bright, joyful, happy nature. Believe in your ability, as a multidimensional human being, to manifest from your sunny will.

SWEET BRIAR ROSE Fuels constant love for yourself and others, the courage to witness old hurtful patterns, and the heart-centeredness to act on what you really want.

SWEET VALENTINE ROSE Works through all of the energy fields soothing intrusions, irritations and disturbances, and strengthening the connection of the heart chakra. Engenders forgiveness and has as a grounding influence.

THIMBLEBERRY Cultivates engaging daily life with joy and gratitude without being attached to the circumstances or a specific outcome.

TRAILING BLACKBERRY With an open heart, joyfully serve yourself and others through compassionately speaking the full conviction of your truth & power.

TRILLIUM Integrates your personal energy into the matrix of the universal All-That-Is.

TROPICAL SUNSET ROSE Facilitates heart-felt communication circulating inside your body and outside to the larger system of the world around you.

TURKEY TAIL MUSHROOM Decomposes the structures that hold the memories of childhood abuse. Rebuilds vitality.

TWINBERRY Calming & soothing. Reduces instinctive and visceral fear, anxiety, and panic attacks.

TWINFLOWER Sensory integration. Calms the sense of overwhelm from external stimuli.

VALERIAN Transforms buried negative emotional and hormonal wildfires into beneficial fire and the potential for growth.

VINE MAPLE Turns your gaze from the internal critic focusing on guilt and shame towards your Higher Self focusing on forgiveness and empowered self-worth.

WESTERN COLUMBINE Instills visceral body confidence for living a fully engaged and competent life.

WESTERN HEMLOCK Soothes irritations, intrusions and disturbances to your etheric, emotional and mental energy fields. Promotes communication and balance among the fields.

WESTERN RED CEDAR TREE Spiritual spine connecting the core of Earth and center of Galaxy. Seeing with discernment.

WHITE FAWN LILY Encourages humility, deep introspection and reverence for all life. Then lift your head, soften your eyes, open your arms and radiate Peace from your heart.

WHITE YARROW Integrates White Light into your brain and central nervous system. Strengthens your personal boundaries.

WILD GINGER Transforms a whirl of chaotic emotions, into engaging life from a calm and emotionally stable heart.

WILD GOOSEBERRY Contraction around a situation feeds fear while expanding your energy to embrace a situation allows fear to transform. Let fear melt away and arise to a new life!

WOODLAND STRAWBERRY Transforms negative thinking, worry and anxiety by interrupting the mental/emotional tape loop. Facilitates thinking clearly and feeling authentically.

YELLOW DAY LILY Ahh... Relax into the feeling of a warm sunny spring day. Let it nourish and comfort you.



Tree Frog Farm

Flower Essences · Tree Essences



ALUMROOT Be willing to share your unique gifts wholeheartedly from a deep knowing that you are safe, even when you feel exposed to your core.

ARNICA Relieves shock in the physical, emotional, mental or spiritual bodies. Encourages resilience during life’s shocks.

BLACK COHOSH Supports a playful approach to physical body changes as you age or your spiritual bodies evolve.

BLACK GOOSEBERRY Full multidimensional systems integration. Assists integrating your higher frequency wisdom and Guidance into daily life.

BLACK HELLEBORE Supports the preparation, process and integration of soul retrieval for this and past lifetimes.



Tree Frog Farm

Diana Pepper & John Robinson

3679 Sunrise Road

Lummi Island, WA 98262

360.758.7260

info@treefrogfarm.com

www.treefrogfarm.com

BLACKCAP RASPBERRY Opens access to inner Guidance for helpful information about subconscious blocks that are hindering your process.

BLOODROOT Nudges out genetic lineage patterns to make way for the light of new potential.

BLUE COHOSH Come to the quiet place of mind. Observe thoughts, feelings & impressions pass through. Connect with high spiritual energies.

BLUE VERVAIN Aligns your heart with your life purpose to transform grumpy, irritable, bitter anger into sweet calm.

BONESET Strengthens connection between emotional heart and immune system so you can deeply relax into life.

BORAGE Transforms sorrow and depression into heart-centered conscious speech.

BURDOCK Releases stuck, suppressed anger imbedded deep in your body & energy fields. Detoxifying,

CALENDULA Provides a sense of peaceful safety by creating strong heart-centered energetic boundaries grounded into the Earth. Filters psychic intrusion.

CALIFORNIA LILAC Repeatedly rehashing about how to approach/ resolve a problem or scenario. Lack of support or resources to help you solve the problem. Trying to figure it out with only 3rd dimensional consciousness instead of seeking input from your higher wisdom and Guidance.

CALIFORNIA POPPY Reconfigures birth trauma that contributes to the sense of powerlessness, depression and anger.

CAMAS LILY Encouragement for intentionally thinking and speaking what you want to create.

CHAMOMILE Calms sensitivities, irritations and “raw nerves” where the “emotional skin” interacts with the world around you. Supports easily digesting experiences, and cultivates peaceful ease. Connects you with The-Divine-In-All.

CHERRY FESTIVAL PEONY When you have scabs over the heart from difficult life learning experiences, helps you to gently dissolve the scab and recognize that these experiences where key to the development of your unique wisdom.

CHOCOLATE LILY Drink up Earth Light from the root of your spine and connect deeply with our Mother Earth while receiving clear multi-dimensional Guidance. Loosens anger and structural tension in the pelvic/hip area.

CLARY SAGE Assists clearly envisioning what you want for your life or a project. Supports clearly interpreting psychic impressions into seeing, hearing, sensing or knowing.

CLUSTERED WILD ROSE Engenders strong, heartfelt, directed, compassionate, purposeful and soft feminine energy within yourself and the collective world consciousness.

COLTSFOOT Joyfully engage new adventures with physical stamina and vitality focused with multidimensional Guidance.

COMFREY Aids in the healing of wounds so deep and traumatic that they affect your soul's journey. Encourages feeling safe and engenders self-compassion during this deep healing.

COMMON RUSH Grounding and stability while aligning heart & mind. Clears foggy headedness and smooths receiving higher frequency information.

COOLEY'S HEDGE-NETTLE Live life from an orientation of playful joy, knowing we are all spirit having a human experience. Brings the endocrine system into balance.

CORAL SUNSET PEONY Inspires a genuine personal will aligned with Higher will that has a quality of gentle softness as well as a strong feminine presence. Connects the sacral chakra with the heart chakra to bring discernment to how you use your per

COTTONWOOD TREE Effortlessly radiate seeds of Love to the world. Grow the tree of Love by connecting deep roots with the Love of the Sun. Inspires heartfelt harmony between species.

CROCOSMIA Encourages playfully engaging your emotional strength, power and will to express yourself confidently with enthusiasm.

DANDELION Brings sunlight to the dark, dense or “wooden” cells of the liver and gallbladder. Clears toxic imprints.

DEVIL'S CLUB Provides solace when you are world-weary. Reconnects you to your spiritual roots.

DOUGLAS FIR TREE Stand in your own power, solidly rooted in your legs. Ground your ideas and confidently step out with practical action. Supports nerves in the legs.

DWARF ROSE Shifts old wave patterns in the cerebral spinal fluid that influence emotional and biochemical habits, creating more ease, mental clarity and emotional peace.

ECHINACEA Impulses letting go of self-images that weaken your energies and create dis-ease. Supports new ways of being.

EPIPACTIS Facilitates communication between the crown, 3rd eye, occipital and heart chakras. Enhances pineal gland.

EVERGREEN HUCKLEBERRY Interrupts the cycle of fear, depression, grief & lack of trust. Orient toward peace & health.

FAIRY ROSE From a clear & open heart, engage with friends for a spiritually focused purpose, with gratitude, joy and peace.

FIREWEED A powerful transformer and healer! Initiates shifting from a male dominant, power over paradigm to a more feminine loving, joyful, nurturing, in-harmony-with-nature paradigm.

FOXGLOVE All that you experience is for learning. Activate the Higher Heart by practicing forgiveness and connecting with unconditional Love.

GARNET HOLLYHOCK Gateway through the Higher Heart to the center of the Milky Way Galaxy and to other Galaxies.

GARRY OAK TREE Ancient wisdom for journeying through alternate dimensions in a healthy and cohered way, then returning to ordinary reality with ease.

GOAT'S BEARD Supports open heartedly being sure footed, inquisitive, quick & incisive. Innate body confidence with no rush or jitteriness makes it easy to handle daily happenings.

GOLDEN CELEBRATION ROSE Soften your armor against the world by creating golden light protection from the inside out. Now Celebrate Life!!

GRAND FIR TREE Supports presence, focus and attention outside of time. It helps you to transcend individuality and seek oneness with Everything! Opens 3rd eye chakra.

GRANDMOTHER BIG-LEAF MAPLE Encourages a sense of complete calm, safety and serenity with Grandmother's outstretched arms surrounding, protecting and nurturing you.

HARDY FUCHSIA Breathe in joy through your heart breathe out heartfelt Joy. Reawakens “heartapathic” communication.

HAWTHORN TREE Shape shift your creative process when blocks get in the way. Instead of falling into anger and confusion, use intense spiritually aligned intention to create what you want.

HOT TAMALE ROSE Centeredness in the midst of chaos while riding the transformational roller coaster.

INDIAN PIPE Activates rising above arguing, warring, resentment & grudges in a conflict. Access forgiveness, personal peace, embody the lessons and step away from the drama.

IRIS Reconnects the torus of electromagnetic energy around your body with Earth and Spirit when your connection has been compromised, and channels that connection to the cellular level.

JERUSALEM SAGE Aligns and balances the Crown, Soul and Spirit Chakras. The Crown Chakra unites body/mind with creation. The Soul Chakra perceives the archetypal images of God, the Divine. The Spirit Chakra operates outside of time/space and resides at the heart of the Universe.

JOE PIE WEED When you are resistant to life because you've lost the trust that life is safe and you are protected, helps you to gently reorient to joy and confidence that all is well, even if it doesn't seem that way.

KINNIKINNIK Encourages you to gently snuggle into open-hearted love for yourself. Opens back of the heart chakra.

LADY'S MANTLE Brings joyful peace to your whole body & encourages self-love. Calms emotional shock to the heart.

LAVENDER Shifts repetitive thinking into a calm flow of clear thoughts and a sweet, heart-centered connection. Strengthens your personal boundaries and brings peace of mind.

LICORICE Energetically reduces body inflammation. Brings out your natural sweetness and supports a light of joyful presence.

LILY OF THE VALLEY Facilitates connection of Higher Self and human brain functions. “Brain” of the heart connects with the “heart” of the brain allowing consciousness to permeate the body, unifying Spirit and matter.

LUNGWORT Helps you to move beyond duality to find dynamic balance between the “unseen” and the “seen”, and to integrate opposite aspects of yourself into harmonious living.

LUPINE Retrains the energetic pathways of fear and anxiety toward responding from peace & gratitude.

MANDARIN LIGHTS AZALEA Encourages standing in your personal power during uncertainty and adversity with the ability to handle whatever comes your way.

MARSHMALLOW Opens and balances the crown and third eye chakras. Aligns and stabilizes the cranial bones during the evolutionary process.

MEADOW RUE Helps you reorient to your life stories from a place of higher consciousness, creating more peace and ease.

MICHAELMAS DAISY Calling all Angels! Facilitates communication from God Self with conscious mind and physical body. Engenders compassionate communication.

MOCK ORANGE Draws out emotional residue and clears your cells, so you can align with healthier emotional states.

MOON SHADOW ROSE Release shadows of your past, glean the lessons and move forward toward discovering your authentic self. Trust in life's safety & sweetness.

MOTHERWORT Open your heart to the Universal Life Force Matrix to receive Divine Love and Compassion.

MULLEIN Use the strength and constancy of the sun to access tenderness and courage. Trust that even during the darkest night, the sun will rise again in the morning.

NASTURTIUM Come into yourself. Settles excessive energy out of your head connecting with your heart and body.

NINEBARK Harmonizes the interplay between all 9 layers of your energy fields, chakras & meridians. Stabilizes energy fields after a shift.

NOOTKA ROSE Open your heart and let Divine Love and Gratitude blossom into your life by aligning your heart chakra with the World Heart and the Universal Heart.

OCEANSPRAY Supports connecting with your lighthearted, jubilant Presence to resolve the undertow of sorrow below the illusion of calm and tranquility.

ORANGE WILD HONEYSUCKLE Supports a deep body feeling of who you really are and are not. Retrains the nervous system towards peacefully engaging life.

OREGON GRAPE Releases valuing yourself in relationship to what you think others think of you. Accept your unique nature & power.

OSOBERRY Aligns you with embodying your larger purpose for this lifetime while staying grounded and centered amidst the various activities and responsibilities of your daily life.

OUR LADY OF GUADALUPE ROSE Calibrates the unfolding of the Higher Heart chakra as it conducts higher frequency heart energy into your physical body.

OUTRAGEOUS ROSE Facilitates communication between intuitive and cognitive functions of the two brain hemispheres.

PACIFIC BLEEDING HEART Supports compassion for yourself and others. Wrap yourself in the light of Divine Love, let go of fear, and be safely at peace in your Heart's Home.

PACIFIC DOGWOOD Installs an upgraded blueprint for the nervous system so it can accommodate higher frequencies.

PAPER BIRCH TREE Peel away old energetic layers to reveal your true nature. Integrates emotional stability.

PATHFINDER Brings the ley lines of the Earth, the organ energy meridians of the human body, and the cosmic pathways of light and sound into resonant harmony.