## Fire

### Small Intestine

1PM-3PM, yang ↓

#### Symptoms:

Muscular armoring of shoulders & neck. Strokes, TMJ, arm & abdominal pain. Inability to sort, confusion - affects digestion, relationships, setting priorities.

#### Actions:

Clear discrimination, choices & action. Joy. Heart protecting & opening.

#### Rules:

Assimilation, absorption.

#### Use:

Take 2 or 3 drops or 1 or 2 sprays orally, 2 or 3 times per day.

## Fire

Pericardium
7PM-9PM, yin 
Heart

11AM-1PM, yin ↑

#### Symptoms:

Heart & blood issues. Circulatory problems. Lack of clear boundaries, separate love from sexuality.

#### Actions:

Heart- Spiritual life force & creative expression.
Pericardium- Shock absorber for heart.
Circulates emotions.

#### Rules:

Blood, healthy sexual relationships, emotional memory.

#### Use:

Take 1 drop orally, 1 or 2 times per day.

#### **Small Intestine**

Small Intestine contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Stinging Nettle, Pacific Bleeding Heart, Fairy Rose, Valerian, Pink Wild Honeysuckle, Soapberry, Red Huckleberry, Devil's Club, Fireweed, Golden Celebration Rose, Cooley's Hedge Nettle, Spirea, Oceanspray, Hot Tamale Rose, Western Red Cedar Tree, Osoberry, Twinflower, Evergreen Huckleberry, Purple Monarda, Blue Vervain, Red Alder Tree, Colstoot, Oregon Grape, and Mullein. Energetically Charged in a Crystal Matrix of: Carnelian, Drusy Quartz, Fire Agate, Pink Calcite, Rhodocrosite, and Rose Quartz.

#### **Triple Burner**

Triple Burner contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Cooley's Hedge Nettle, Spotted Coral Root, Valerian, Pennyroyal, Fireweed, Licorice, Black Cohosh, Devil's Club, Lady's Mantle, Woodland Strawberry, Self Heal, Kinnikinnik, Red Alder, Our Lady of Guadalupe Rose, Trillium, Western Red Cedar Tree, Pacific Bleeding Heart, Red-Osier Dogwood, San Juan Mugwart, Oceanspray, Soapberry, Grandmother Big-Leaf Maple, Spirea, and Bloodroot. Energetically Charged in a Crystal Matrix of: Cavansite, Citrine, Drusy Quartz, Nirvana Quartz, Rose Quartz, and Tiger's Eye.



#### Pericardium / Heart

Pericardium/Heart contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Lady's Mantle, Our Lady of Guadalupe, Pink Wild Honeysuckle, Nootka Rose, Clustered Rose, Hardy Fuschia, Tropical Sunset Rose, Borage, Motherwort, Sweet Briar Rose, Kinnikinnik, Pacific Bleeding Heart, Foxglove, Cottonwood Tree, Hawthorn Tree, Cooley's Hedge Nettle, Sweet Valentine Rose, Fireweed, Rosa Rugosa, Spirea, Thimbleberry, Sullcap, Mullein, Evergreen Huckleberry, Golden Celebration Rose, Trailing Blackberry, Allumroot, Grandmother Big Leaf Maple, Fairy Rose of the Blue Moon, Red Clover, and Garry Oak. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Heulandite, Golden Topaz, Nirvana Quartz, Rhodocrosite, Rhodonite, Rose Quartz & Sapphire.

#### Du / Ren

Du/Ren contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Lungwort, Self Heal, Pathfinder, Outrageous Rose, Saskatoon, Salal, Nootka Rose, Red Clover, Douglas Fir Tree, Rattlesnake Plantain, Kinnikinnik, Bloodroot, Goat's Beard, Chocolate Lily, Motherwort, Comfrey, San Juan Mugwort, Iris, Indian Pipe, Devil's Club, Western Red Cedar Tree, Pearly Everlasting, Moonshadow Rose, Trillium, Shore Pine Tree, Spotted Coral Root Orchid, and Cooley's Hedge Nettle. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Hematite, Lemurian Seed Crystal, Moonstone, Stibnite, Sunstones. Sound of DuRen brass bowl.

## Fire

## Triple Burner

9PM-11PM, yang ↓

#### Symptoms:

Thyroid & hormonal imbalance, hot flashes & sweats. Digestive issues, fatigue. Lack of emotional intimacy.

#### Actions:

Heat/cold & fluid distribution. Circulates social warmth & joy. Heart protector.

#### Rules:

The 3 spaces & related organs, Endocrine system/ metabolism.

#### Use:

Take 2 or 3 drops or 1 or 2 sprays orally, 2 or 3 times per day.

# Du/Ren

Reservoir of yin ↓

Du Governing Vessel, Reservoir of yang ↑

#### Symptoms:

Unstable at core, coldness, lack of energy reserves, surviving. Digestion, bowel, lung, heart issues. Urinary & reproductive issues.

#### Actions:

Ren- Core calm, receptivity & energy for life. Regulates the 3 spaces & related organs. Du- Governs strength, backbone, motivation, action, passion for life. Core stability.

#### Rules:

Core strength, energy for life, the 3 spaces.

#### Jse:

Take 1 or 2 drops orally, 2 or 3 times per day.

## About Organ Energy Meridian Blends

Flower and tree essences are the unique vibrational/electromagnetic pattern of a plant held in water. Since they are non-aromatic, you only smell the herbal/vinegar base in which they are preserved. The vibrational influences of the plants address physical, emotional, mental, and spiritual imbalances beneath the symptoms in a subtle yet powerful way.

Tree Frog Farm's Organ Energy Meridian (OEM) Blends are formulated using principles from the Chinese Five Element understanding of health. Each blend relates to the energy field around a specific organ and its corresponding meridian - channel through which "chi" or life force flows. When the flow is blocked you experience physical, emotional or psychological symptoms. Our OEM Blends are designed to open blockages in the meridian pathways and the field around the organ. This creates an instant shift into energectic balance leading to a greater level of health and vitality.

## Use and Care of Essences

**Dropper top:** put drops directly into your mouth or drinking water.

**Mister top:** spray directly into your mouth, or into drinking water.

**Care:** Keep away from direct sunlight, high heat & strong electromagnetic fields. Best used within 2 years of purchase.

#### Tree Frog Farm

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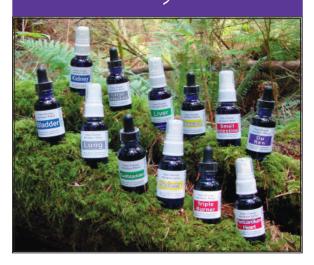
www.treefrogfarm.com

Printed on 30% recycled paper

#### Disclaimer

Please listen to your inner guidance when making any health care choices for yourself and your family. Flower essences treat the whole person and support the healing of specific symptoms. However, flower essences and any other products offered by Tree Frog Farm are not a substitute for necessary medical care. Seek the advice of a qualified health-care professional for all medical problems.

# Tree Frog Farm



# Organ Energy Meridian Blends

Made with Tree Frog Farm Flower and Tree Essences

Energetically
Charged in a
Crystal Matrix

healing to wholeness

## Metal-Air

Luna 3AM-5AM, yin ↑

Symptoms:

Pneumonia, lung congestion, bronchitis, colds. Sadness, grief, loss, rejection, abandonment, depression, asthma. Difficulty coping with life. Shallow breathing.

Actions:

Rhythmic order to life. Self worth. Share true self with world.

Rules:

Peripheral nerves system, structure.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally, Large Intestine

5AM-7AM, yang \

Symptoms:

Constinution, bloating, colon or skin cancer. TMJ. stiff neck, carpal tunnel syndrome, eczema, psoriasis chronic rashes. Holding onto old stuff, never good enough, guilt, stoic.

Actions:

Final sorting and eliminating. Letting go, change

Rules:

Waste elimination, deep skin, structure.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally, 2 or 3 times per day. \$ 2 or 3 times per day.

# Earth

Spleen

9AM-11AM, yin ↑

Symptoms:

Diabetes, hypoglycemia, fatique, swelling edema. Obsessive thinking, poor memory, foggy headedness.

Actions:

Produces red blood cells. Turns nourishment into energy, will, concentration. Circulates nutrients. energy, memory

Rules:

Blood sugar balance, muscles, fertility,

Use:

Take 2 or 3 drops or 1 or 2 sprays orally, Stomach

7AM-9AM, vang l

Symptoms:

Nausea, reflux, ulcers. eating disorders. food allergies. Sinus problems, TMJ headaches, minor rashes, canker sores. Worry, anxiety. Feeling unsafe, ungrounded.

Actions:

Appetite for food & life. Self-nourished abundance

Rules:

Digestion, surface skin, muscles.

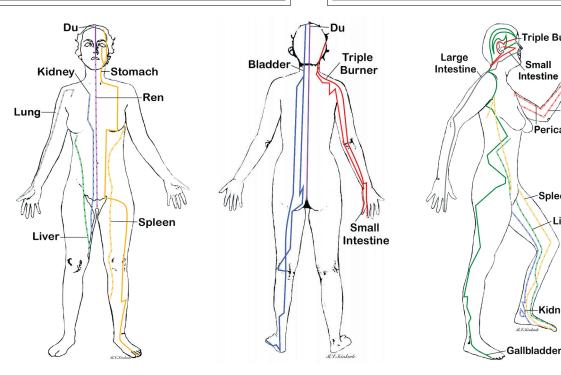
Use:

Take 2 or 3 drops or 1 or 2 sprays orally. 2 or 3 times per day. § 2 or 3 times per day. Lung

Lung contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Oceanspray, Borage, Mullein, Boneset, Coltsfoot, Black Gooseberry, Red Clover, Rosa Rugosa, Orange Wild Honeysuckle, Lungwort, Echinacea, Devil's Club, Comfrey, Trillium, Wild Gooseberry, Lady's Mantle, White Fawn Lily, Camas Lily, Pathfinder, Spotted Coral Root, and Red-Osier Dogwood. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Lemurian Seed Crystal, Moldavite, Peridot, Pink Calcite, and Rhodochrosite.

#### Large Intestine

Large Intestine contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Red Alder, Oceanspray, Spotted Coral Root, Coltsfoot, Blue Vervain, Echinacea, Moonshadow Rose, Indian Pipe, Burdock, Blackcap Raspberry, Stinging Nettle, Fairy Rose of the Blue Moon, Skunk Cabbage, Vine Maple, Mock Orange, Wild Gooseberry, Oregon Grape, Purple Monarda, Trailing Blackberry, & Valerian. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Lemurian Seed Crystal, Moldavite, Peridot, Pink Calcite, and Rhodochrosite



#### Spleen

Spleen contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Devil's Club, Boneset, Nasturtium, Goat's Beard, Skullcap, Grandmother Big Leaf Maple, Salal, Woodland Strawberry, Echinacea, Trillium, Salmonberry, Coltsfoot, Rattlesnake Plantain Orchid, Pathfinder, Calendula, Rosa Rugosa, Tropical Sunset Rose, Blackcap Raspberry, Pacific Bleeding Heart, Bloodroot, and Black Gooseberry. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Fire Agate, Inca Jade, Malachite, Peridot, Red Jasper, and Sunstones.

#### Stomach

Stomach contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Woodland Strawberry, Grandmother Big Leaf Maple, Osoberry, Chamomile, Goat's Beard, Rattlesnake Plantain, Red-Osier Dogwood, Salal, Skullcap, Garry Oak, Crocosmia, Twinflower, Oregon Grape, Devil's Club, White Fawn Lily, Hot Tamale Rose, Douglas Fir Tree, Lily of the Valley, Spotted Coral Root Orchid, Mullein, and California Poppy. Energetically Charged in a Crystal Matrix of: Drusy Quartz, Fire Agate, Inca Jade, Malachite Peridot, Red Jasper, and Sunstones.

#### Liver

Kidney

Kidney contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Boneset, Pennyroyal, Comfrey, Rosemary, Black Gooseberry, Wild Gooseberry, Western Columbine, Orange Wild Honey-

suckle, Red-flowering Current, Echinacea, Crocosmia, Licorice, Devil's Club,

Mullein, Purple Passion Rose, Purple Monarda, Salmonberry, Slender Rush, Alumroot, Arnica, Snowberry, White Fawn Lily, Lily of the Valley, and Turkey Tail

Mushroom. Energetically Charged in a Crystal Matrix of: Aquamarine, Bloodstone, Crysocolla, Drusy Quartz, Green Aventurine, Malachite, and Red Jasper.

Bladder

Bladder contains the following ingredients: Infusion of red shiso, vinegar &

TFF Flower & Tree Essences of Comfrey, Pennyroyal, Boneset, Saskatoon, Moon-

shadow Rose, Self-heal, Orange Wild Honeysuckle, Common Rush, Indian Pipe, Twinberry, Douglas Fir, Wild Gooseberry, Pacific Dogwood, Spotted Coral Root Orchid, Dwarf Rose, Red Alder Tree, Red-flowering Currant, Meadow Rue, West-

ern Red Cedar Tree, Trillium, Western Columbine, Lupine, Lavender, Licorice, and

Marshmallow. Energetically Charged in a Crystal Matrix of: Aquamarine, Blood-

stone, Crysocolla, Drusy Quartz, Green Aventurine, Malachite, and Red Jasper.

Triple Burner

Heart

. Pericardium

Spleen Liver

-Kidney

Small

Liver contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Vine Maple, Dandelion, Burdock, Stinging Nettle, Oregon Grape, Red Huckleberry, Spotted Coral Root, Blue Vervain, Evergreen Huckleberry, Goat's Beard, Skunk Cabbage, Red Osier Dogwood, Devil's Club, Moon Shadow Rose, Indian Pipe, California Poppy, Mock Orange, Echinacea, Purple Monarda, Pacific Bleeding Heart, Pink Wild Honeysuckle, Bloodroot, and White Fawn Lily. Energetically Charged in a Crystal Matrix of: Black Tourmaline, Charoite, Drusy Quartz, Red Aventurine, Smokey Quartz, and Sugilite.

#### Gallbladder

Gallbladder contains the following ingredients: Infusion of red shiso, vinegar & TFF Flower & Tree Essences of Burdock, Dandelion, Blue Vervain, Oregon Grape, Spotted Coral Root, White Fawn Lily, Red Huckleberry, Indian Pipe, Black Gooseberry, Vine Maple, Stinging Nettle, Devil's Club, Moonshadow Rose, Hawthorn, Blackcap Raspberry, Lupine, Red-Osier Dogwood, Salmonberry, Douglas Fir Tree, Meadow Rue, Valerian, Osoberry, and Purple Monarda. **Energetically** Charged in a Crystal Matrix of: Black Tourmaline, Charoite, Drusy Quartz, Red Aventurine, Smokey Quartz, and Sugilite

# Water

Kidney

5PM-7PM, yin ↑

Symptoms: Shock and fear.

Wire tired, chronic fatigue, adrenal depletion Kidney stones.

Actions:

Purifies blood. Creates and distributes fluids. Storehouse of physical life force. Resilience, will, motivation

Rules:

Lymph and immune systems. Adrenal glands.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally, 2 or 3 times per day. § 2 or 3 times per day.

Bladder

3PM-5Pm, yang ↓

Symptoms:

Headaches, back problems, panic attacks, urinary problems. Exhaustion. Contracted, fearful. contain feelings.

Actions:

Reservoir for fluid excretion and for daily energy. Flexible, adaptable, expressive.

Rules:

Central nervous system, brain, immune system, bones.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally,

# Wood

Liver

1AM-3AM, yin ↑

Symptoms:

Hip problems. Headaches. Detox. Anger, self-critical victim, addictive patterns.

Actions:

Secretes bile. supports metabolic process, breaks down toxins. Big picture planner, organizer and implementer.

Rules:

Eves, joints. connective tissues.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally, Gallbladder

11PM-1AM, yang J

Symptoms:

Gallstones. Hip problems. Headaches, TMJ Anger at authority figures. bitter, cynical. Foggy headed. Confused.

Actions:

Distributes bile for digestion. Strategist, decision maker. effective action.

Rules:

Eyes, joints, connective tissues.

Use:

Take 2 or 3 drops or 1 or 2 sprays orally. 2 or 3 times per day. § 2 or 3 times per day.